

JUNIOR MATCH PROGRAM



Regulations	U8	U9 & U10 & U12 Girls
Players	12 a side (3 equal zones)	15 a side (3 zones for U9 only)
Match Length	4 x 12 min	4 x 12 min
The Ball	Synthetic size 1	Synthetic size 2
Umpiring	Coach/AssCoach	Coach/Ass Coach
Bounces	1 bounce	1 bounce
Contact	No tackle or bump. There is absolutely no contact or spoiling, except when accidental in nature.	Modified tackle/no bump. Players cannot bump/push an opponent, knock/steal the ball out of their hands or smother an opponent's kick
Competition Details	No scores, ladders or finals permitted. No recording of best players and goal kickers permitted. No representative teams.	No scores, ladders or finals permitted. No recording of best players and goal kickers permitted. No representative teams.

Out of Bounds (also applies to U11 -U13, Junior Girls & Youth Girls)

If the ball goes out of bounds from a kick, hands or if there is doubt, the umpire shall call a ball-up 10m in from the boundary unless they deem that action to be deliberate.

The above rule will also apply in the U14, U15 and U17 age groups where official league umpires are not appointed.

Ball Ups (U8, U9, U10 and U12 Girls)

Field ball ups are contested by 2 players of equal size selected by the umpire. Before the ball up, the coaches should clear the area by sending players back to their positions. No free kick will be awarded for non-compliance. Coaches should encourage the players to clear the immediate area.

Under 8's, 9's, 10's & U12 Girls FAQ's

Rotations/Game Time

Players should be rotated from one zone to another at the end of each quarter with all players playing at least half the match.

For Example: Players who played in the forward zone in the first quarter move to the mid zone, the mid zone to the back zone, back zone to the bench and the bench to the forward zone. At the start of the match try to equalise the teams and opponents as much as possible (match sizes, abilities).

Marking

A mark is awarded irrespective of the distance the ball has travelled to any player who catches the ball directly from the kick of another player.

Under 8's, 9's, U10's and U12 Girls FAQ's

1. How do we know how big to make the oval?

- All U/8 games will be played on ground size no larger than 80m x 60m with three equal zones. Ovals should be set up across the ground not up and down the ground.
- All U/9, U10 & U12 Girls games will be played on ground size no larger than 100m x 80m. Ovals should be set up across the ground not up and down the ground.

2. Do we need to use portable goal posts?

- Yes. Portable Goal Posts will be used to determine the two scoring ends.

3. Do we need to paint the boundary line for the smaller oval?

- No. The boundary line will need to be marked by small cones.

4. Do I need a runner or water carriers

- No. The coach is on the field umpiring the game. Water can be delivered at the breaks.

By-Laws & Rules

Evening Up Team Numbers Match Day

1. By-Law 14.3 (c) (U11 to U17 age groups)
 - Where a team has between 14 and 18 players and the second team has more players than the first team, both teams shall field the same number of players, therefore an equal number of players shall take the field.
2. By-Law 14.3 (c)(i) U8 –U13
 - Up to and including Under 13 teams, clubs must loan or accept the number of players required to even up the teams.
3. By-Law 14.3 (c) (iii) U14 –U17
 - In the Under 14, 15 and U17 competitions, if players are not offered to the team with less than 18 players, then playing numbers must be reduced so that both teams field the same number of players. If players are offered, but not accepted, then the team with the greater number of players is not required to reduce playing numbers, i.e the evening up rule does not apply.
4. By-Law 14.3 (c)(iv)
 - Where one team has more players during the match due to an injury, playing numbers shall be evened-up for the remainder of the game. A player should join the game from the Interchange Bench, if available, if not; a player
5. By-Law 14.3 (c)(v)
 - Players who play with other clubs who are short of numbers in age divisions shall have their names written on the bottom of the team's sheet to which the player was loaned.